

# WOODCHURCH COMMUNITY SUPPORT NETWORK



**SUPPORTING OUR COMMUNITY IN THESE CHALLENGING TIMES**

Coordinated through Woodchurch HUB

**\*\* This week's village updates as at 18 MAY 2020 \*\***

## **Pandemic Central Support in Woodchurch – Woodchurch Working Together...**



We are here to co-ordinate help for anyone in the village – please call us 01233 801 789.

### ***Staying apart and staying in touch***

**Are you confident that all your friends around our village are aware of the support available through the Support Hotline?**

- Calls or emails to the Village Central Support Hotline will be picked up by our village Hotline Helpdesk Team who will then coordinate with one of our volunteers to support and complete the task.

### **Isn't it great that we've got villagers using their skills ...**

- Knitting amber bobble hats for babies at East Kent Hospitals Maternity 
- Making facemasks for friends and family
- Making scrubs, scrub caps, headbands, fabric wash bags and fabric facemasks to support William Harvey and local health trusts – full details on Ashford, Dover & Folkestone Scrubbers (WHH)   
Kent Adult Education is giving free online sewing workshops for people to make scrubs for NHS workers - <https://www.kentadulthoodeducation.co.uk/sewing-for-carers/>



***Do let us know in what ways you may have been helping as it might inspire others!***

### **And now we have an exciting opportunity within the village ...**


Annabel, one of our village teenagers, is keen to co-ordinate the making and distribution of facemasks within the village. To help get this started please email

[Community@Woodchurchhub.uk](mailto:Community@Woodchurchhub.uk) or call 01233 861 381 if you would be interested in getting involved.

<https://www.google.co.uk/amp/s/www.bbc.co.uk/news/amp/uk-52609777>


<https://www.gov.uk/government/publications/how-to-wear-and-make-a-cloth-face-covering/how-to-wear-and-make-a-cloth-face-covering>

### **How Woodchurch & our village groups are adapting at this time...**

- [Kestrel Gymnastics Academy](#)  have been making and posting home exercises every weekday for members and non members alike, who want to keep fit during this time. They are posting weekday challenges on Facebook for the whole family to have a crack at and they invite people to share their success with the challenges 😊. Stay Healthy, Stay Safe and Be Kind 💜

Remember to follow us Woodchurch Hub on   

or visit [www.woodchurchhub.uk](http://www.woodchurchhub.uk) for ongoing updates and information

- [WoodchurchYard Together](#)  Whilst our WYT volunteer weekends have been on hold, thank you to those individuals who have helped to try to keep it tidy in your own time. Hopefully soon we'll be given a green light to organise WYT volunteer weekends again albeit of course with some expected social distancing requirements. In the meantime, please follow us on our [Facebook](#) or [Instagram](#) pages for latest photos and updates.

## Woodchurch Community Pandemic video – *need your help!*

*Do you want to say thanks or share a message about a person; business or group that has helped out during this challenging time?* Or just share what has helped you during this time and made you smile.

This is the ideal opportunity as Max and Imogen, two of our village teenagers (“Production Team”), would like to put together a fun light hearted video to pass along your messages and as a way of celebrating “Woodchurch Working Together” at this time.



Please send:

- Short videos, photos or words to [community@woodchurchhub.uk](mailto:community@woodchurchhub.uk); or
- Post through the HUB letterbox; or
- Call 01233 801 789 if you require further help.



The Production Team are eager to receive photos/videos/drawings of people (with their permission)/businesses/items/views with a short message ... rhyme ... poem ...

It would be great to have these through by **Thursday 21 May** and we look forward to sharing the video with you soon after.

**Volunteers** – thank you to all our village volunteers – together we are making a difference.

## Foodbank

Thank you for the many food donations from the community and Ashford Borough Council that have been received already. Easy to open items would be appreciated (eg tear/cut top). If you have any food donations please drop them off to these collection points: 132A Front Road (by gate) or 62 Lower Road (by front door) or 17 The Green (by front door). If you **are in need** of foodbank donations please call the Central Support Helpline 01233 801789 or Ann Tiplady (Church Warden) 01233 861363.

## Do you know anyone that would appreciate a regular friendly call?





We are very aware as time goes by that this is something that more people may benefit from. We have volunteers eager and keen to chat! We are all here for each other.

**Please help us to continue to spread the word – 01233 801 789**

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or visit [www.woodchurchhub.uk](http://www.woodchurchhub.uk) for ongoing updates and information

## Sharing a few smiles

- ☺ One of our volunteers kindly baked surprise birthday cupcakes for someone in self-isolation – recipient was delighted!
- ☺ [Woodchurch HUB](#)  Facebook group has now entered the big time!  Over 450 members – **thank you** for Liking, Sharing and providing feedback! Keep spreading the word to encourage more to join your community group!
- ☺ 'Tainment Thursdays (books/puzzles) and Sharing Saturdays (plants/seedlings) is proving to be popular (especially when the weather is on our side!).
- ☺ Woodchurch Village Life Museum 150+ club draw – May 2020

|     |     |     |                |
|-----|-----|-----|----------------|
| 1st | £50 | 205 | Wynn Learmouth |
| 2nd | £30 | 538 | Sue Bristowe   |
| 3rd | £20 | 646 | Doreen Heubner |
| 4th | £15 | 284 | Brenda Hanks   |
| 5th | £10 | 791 | Jean Boorman   |

## Keylinks from previous updates

Shopping <https://www.woodchurchhub.uk/pandemic-shopping/>

Walks <https://www.woodchurchhub.uk/woodchurch-community/walks-around-woodchurch/>

Previous Pandemic Updates: <https://www.woodchurchhub.uk/woodchurch-community/community-reports/>

Finance <https://www.citizensadvice.org.uk/debt-and-money/if-you-cant-pay-your-bills-because-of-coronavirus/>

<https://www.kent.gov.uk/social-care-and-health/care-and-support/benefits/home-essentials-in-a-crisis#tab-4>

Wellbeing:

<https://www.nhs.uk/oneyou/every-mind-matters/>

<https://www.kent.gov.uk/social-care-and-health/health/release-the-pressure>

[www.kooth.com](http://www.kooth.com) is for 10-16 year olds, 'We are With You' 03000 120012

[www.connectingashfordrural.co.uk](http://www.connectingashfordrural.co.uk)

<https://www.forumhealthcentre.nhs.uk/your-health/moodzone-stress-anxiety-and-depression>

## PANDEMIC CENTRAL SUPPORT

01233 801 789 (please ensure to use dialing code)

[Support@woodchurchhub.uk](mailto:Support@woodchurchhub.uk)

[www.woodchurchhub.uk](http://www.woodchurchhub.uk)

If you **need help** please call our team of village volunteers who are happy to help. The idea is to match volunteers with people in need but this is not designed to replace any family & neighbour help, social care or NHS services that you may require.

If you **can help** please fill in the online form on [www.woodchurchhub.uk](http://www.woodchurchhub.uk) or call 01233 861381.

**Stay at home if you have a fever or new persistent cough, and follow the latest government guidelines on [www.111.nhs.uk/covid-19](http://www.111.nhs.uk/covid-19) or ring 111.**

### DO NOT ATTEND THE GP SURGERY

#### Recap on previous updates:

**Pandemic Central Support** - Support at this time is being coordinated nationally and this link illustrates how we are working together <https://www.woodchurchhub.uk/woodchurch-community/pandemic-home/>

**Woodchurch Surgery is not closed, rather their doors are locked** [www.woodchurchsurgery.co.uk](http://www.woodchurchsurgery.co.uk).

01233 860 236

**Church** – [www.bhhw.org.uk](http://www.bhhw.org.uk). Contact: Ann Tiplady (Church Warden) 01233 861 363

**The HUB** is still there and operating virtually 01233 861 381

#### Summary of Government guidelines as at 12.5.20

The infographic features the HM Government and NHS logos at the top. It contains six circular icons with corresponding text: a house for 'STAY HOME WHENEVER POSSIBLE', a laptop for 'WORK FROM HOME IF YOU CAN', a bicycle for 'AVOID PUBLIC TRANSPORT IF POSSIBLE', a running shoe for 'TAKE UNLIMITED EXERCISE OUTSIDE', a tree for 'ENJOY PARKS AND PUBLIC SPACES WITHOUT EXERCISING', and a double-headed arrow for '2 METRES BUT ALWAYS KEEP YOUR DISTANCE IN PUBLIC'. At the bottom, a yellow banner reads 'STAY ALERT > CONTROL THE VIRUS > SAVE LIVES'.

Source: UK Prime Minister



12.5.20

<https://www.gov.uk/coronavirus>  
<https://www.gov.uk/government/publications/coronavirus-outbreak-faqs-what-you-can-and-cant-do/coronavirus-outbreak-faqs-what-you-can-and-cant-do>  
<https://www.gov.uk/government/news/coronavirus-guidance-on-access-to-green-spaces>

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