# WOODCHURCH COMMUNITY SUPPORT NETWORK

#### SUPPORTING OUR COMMUNITY IN THESE CHALLENGING TIMES

**Coordinated through Woodchurch HUB** 

Central Support Hotline Team: Lesley Bird, Kim Parmee, Sarah Cox & Philippa Jones

\*\* This week's village updates as at 13 APRIL 2020 \*\*

### **COVID-19 Central Support in Woodchurch – Woodchurch Working Together...**

- We are here to co-ordinate help for anyone in the village please get in contact 01233 801 789.
- Calls or emails to the Village Central Support Hotline will be picked up by our village Hotline Helpdesk Team who will then coordinate with one of our volunteers to support and complete the task.

# How Woodchurch & our village groups are adapting at this time...

Each week we plan to highlight how our clubs or groups have found ways to stay together remotely to support each other and our community. Please keep us updated and we are happy to share!

WOODCHURCH IN BLOOM

...still growing!

# **CARRY ON GARDENING... Apart but TOGETHER!**

- Never has gardening been so important for our physical and mental health. Being outside in the natural environment is helping many of us manage anxiety, focus on the future and take pleasure in the beauty of nature.
- We can still grow and share in our village. Even though WinBloom group activities are on hold at the moment and we are restricted to our gardens lets support each other and socialise via our 'Woodchurch in Bloom'

### So how are you "growing"?!

#### Are you...

- Trying something "new to you"?
- Having spectacular successes or amusing failures!?
- Garden crafting for the first time? Gardening differently?
- Upcycling unusual containers for growing edibles or flowers?
- Need some tips about "growing local"?

Woodchurch in Bloom invite all villagers to get involved on their 'Woodchurch in Bloom' Facebook page f please share photos, ideas, experiences and tips or ask any questions!

#carryongardening



# Important – local shopping and delivery news HERE

https://www.woodchurchhub.uk/pandemic-shopping/

- Help us to help you! Keep us up to date by emailing enquiries@woodchurchhub.uk
- If you are a local business who is operating during this time please provide us with your details.
- If you have **an absolute emergency** during this time please contact us as we may have details of local businesses able to assist.

**Volunteers** – thank you to all our growing group of village volunteers. Please remember to keep in contact with your neighbours and if you know of anyone who may appreciate a friendly call from one of our volunteers please just let us know.

#### **Social distancing NOT social isolation**

**Foodbank donations** - thank you to everyone for the donations received. These are being distributed within the local community.

# Sharing a few smiles

- © The mystery cottage pie deliverer has been identified and the recipient was very happy and grateful brilliant community spirit!
- © Lovely to see teddy bears and rainbows in village windows these are being done around the world to help distract the millions of children (adults too!) as a fun and safe activity while walking around their neighbourhood with parents.
- © Woodchurch Village Life Museum 150+ club draw April 2020

| 1 <sup>st</sup> | £50 | 372 | Tony and Elaine Warne |
|-----------------|-----|-----|-----------------------|
| 2 <sup>nd</sup> | £30 | 615 | Peter Trumper         |
| 3 <sup>rd</sup> | £20 | 912 | Pam Moate             |
| 4 <sup>th</sup> | £15 | 862 | Susan Mansfield       |
| <b>⊆</b> th     | £10 | 532 | Mary Burden           |

There are still a few tickets left in this year's draw and if you would like to join for the remaining 5 months please contact Joyce on 01233 860 297 or jnash@nashweb.net

© Thursdays at 8:00 pm "Clap for Carers" national tribute for NHS staff and all key workers and special mention to our surgery who are trying to deliver prescriptions and working across bank holiday weekends. Let's continue to make lots of noise to show our support and thanks!

# \*\* Needed - Personal Protective Equipment ("PPE")

Appeal for PPE items, particularly face masks – help wanted!

If you have any spare our Surgery are desperate for supplies. Call – 01233 860 236

Perhaps a hairdresser, caterer, cleaner, beautician, tattooist etc has spare supplies?

This is very much a Village update so please feel free to contact us with any ideas you think would be useful to include - Woodchurch working together!



# WOODCHURCH COMMUNITY SUPPORT NETWORK

#### SUPPORTING OUR COMMUNITY IN THESE CHALLENGING TIMES

**Coordinated through Woodchurch HUB** 

#### COVID-19 CENTRAL SUPPORT

01233 801 789 (please ensure to use dialing code)

# Support@woodchurchhub.uk www.woodchurchhub.uk

- If you <u>need help</u> please call our team of village volunteers who are happy to help with tasks (such as picking up urgent shopping & supplies or a friendly call).

  The idea is to match volunteers with people in need but this is not designed to replace any family & neighbour help, social care or NHS services that you may require.
- If you can help please fill in the online form on <a href="www.woodchurchhub.uk">www.woodchurchhub.uk</a> or call 01233 861381. It is **brilliant** that a growing group of people are volunteering. We all need to be watchful and be ready to help our friends and neighbours at this challenging time.

**Take every precaution** to ensure that you are spreading only kindness. Wash hands regularly. Avoid unnecessary travel. Avoid physical contact (at least 2 metres distance). Supplies will be delivered to doorsteps, not inside homes.

**Beware of scammers.** Do not trust anyone you don't know who knocks on your door offering help. If in doubt contact the Central Support Hotline for advice 01233 801 789.

Stay at home if you have a fever or new persistent cough, and follow the latest government guidelines on www.111.nhs.uk/covid-19 or ring 111.

#### DO NOT ATTEND THE GP SURGERY

#### Recap on previous updates:

**Covid-19 Central Support** - Support at this time is being coordinated nationally and this link illustrates how we are working together <a href="https://www.woodchurchhub.uk/woodchurch-community/pandemic-home/">https://www.woodchurchhub.uk/woodchurch-community/pandemic-home/</a>

**Woodchurch Surgery** is **not closed, rather their doors are locked**. The surgery has now gone live with **eConsult** which is accessed via a link on their website <a href="www.woodchurchsurgery.co.uk">www.woodchurchsurgery.co.uk</a>. Alternatively, patients can **call the Surgery on 01233 860 236.** If patients have difficulty collecting their prescriptions the Surgery can arrange delivery.

**Shopping** - For those that do have to go out for essential items or have an online shop please remember to look out for your neighbours (particularly those self-isolating and without internet access) and see if you can add extra items for them.

**Church** -Details of live streamed services are posted on the Bethersden High Halden Woodchurch Benefice Facebook Page. There is a prayer box at the front gate and a group of Christians will pray privately for those who are lonely, afraid or sick. Contact: Ann Tiplady (Church Warden) 01233 861 363.

**Foodbank** - If you have non-perishable food items please drop them off (safely and only whilst on your daily walk) to these collection points:

o 132A Front Road (by gate) or 62 Lower Road (by front door) or 17 The Green (by front door) If you **are in need** of foodbank donations please call the Central Support Helpline 01233 801789 or Ann Tiplady (Church Warden) 01233 861363.

